

AROUND THE ISLAND RACE 2019 – OUTRIGGER CANOE

SUMMARY RACE SAFETY GUIDELINES

A summary of the Race & Safety Rules for OC6 Outrigger Canoes
Around The Island Race: Sunday 10 November 2019

Purpose:

- To ensure all boats racing in the Around The Island Race (ATIR) 2019 event are briefed on the local safety procedures and take necessary personal safety and team safety precautions.
- To be distributed and signed by all boat captains before racing in ATIR 2019

Failure to comply with the safety requirements or failing a scrutineering test which may be imposed less than 20 minutes before, during or immediately after a race may result in disqualification and or exclusion from future races.

Race Safety Requirements:

- 1. Team captain and at least one steersperson must have attended the race briefing and is responsible for relaying any messages to the paddlers.
- 2. Register crew safety contact and mobile with Race Safety Officer with Whatsapp installed on smart phone, normal communications conducted by Group Chat.
- 3. Paddlers are advised to wear PFDs; paddlers not wearing one acknowledge the additional risk they are taking.

All boats must have onboard (minimum)

- a. 6 lifejackets approved ready to wear
- b. 3 bailers (attached to the hulls)
- c. 1 spare paddle
- d. Safety bag including (basic first aid kit)
- e. Tow rope fixed to the canoe (10m min)
- f. "Skirts" of canvas or water resistant material
- g. One mobile phone whose number is registered with Safety Officer
- h. One whistle

Escort Boat Mandatory Equipment:

- a. Course Map
- b. Spare steering blade, (additional paddles)
- c. One signaling mirror
- d. Bottle of vinegar or medicated wipes (jelly fish sting)
- e. Knife or tough scissors
- f. Duct Tape (in Zip-lock bag)
- g. One light per canoe if poor visibility or if finishing near dusk
- h. One smartphone held by crew safety contact with number registered with Safety Whatsapp Coordinator (who will be present at the race briefing). Test by sending boat name and list of crew.



i. A VHF radio capable of transmitting on channels 99, 96,77,72,14,16 or some other means of two-way-communication in addition to the smartphone.

IF YOU HAVE AN EMERGENCY:

1. CALL RACE EMERGENCY: 9851-4528 (separate from the Whatsapp message group) The Race safety team will co-ordinate a response.

If this fails:

CALL HK Maritime Rescue Co-ordination Centre: 2233 7999 2545 0181

Be prepared to provide the following information

- Type of emergency (e.g. injury, boat sinking)
- Emergency assistance required and where to send it
- Your name, location and number where you can be reached.
- Any other information they require.

OTHER CONTACT NUMBERS

ATIR 2019 Safety Committee

Race Director Nick Crabb 91512970 Safety Officer Chris Tickle 96603123

Useful Websites

HK Observatory http://www.hko.gov.hk/

Windy <u>www.windy.com</u>

HK Tidal Prediction System http://current.hydro.gov.hk/en/map.html